

## 2024 Derby Boys Swim Team

Boys swim team will begin practicing on Monday, January 22<sup>nd</sup>.

The following are the practice times we will be following:

Afternoon Practice: 3:30 – 5:00 pm

Parents – please understand that our program is not swim lessons. Every boy should be able to swim at least 2 lengths of freestyle and 2 lengths of backstroke to be on the team.

Please contact Coach Warnica if there are any questions about this requirement.

Practice will be each afternoon – Monday through Friday. Please make arrangements to <u>pick up your swimmer</u> <u>after practice by 5:15 pm</u> each day. Swimmers will NOT be allowed to use the showers before or after practice. This should mean that the boys will be ready to be picked up fairly quickly once practice is over.

<u>Practice is mandatory</u>. All boys not involved in an outside club team (BBA, BBD, OLY, MCA, KAW, etc.) must attend practice each day. In other words, each swimmer must attend practice 5 days per week. <u>Outside</u> <u>swimmers</u> (U.S. Swim or "Y") <u>must attend at least 2 practices each week</u> in order to swim in Derby meets.

Outside swimmers are always welcome to come to more than two practices any given week.

Our team will be swimming as one combined team of 6<sup>th</sup> thru 8<sup>th</sup> graders. We will swim 6 meets this season. Most weeks we will have 1 meet and one week we will have 2 meets. The posted calendar will include all practice times and swim meet information. Our meets will be against BCS, Berkshire, North Hills MS, South Hills MS, Berkley MS, and Cranbrook. We will swim each team once – **Our first 3 meets will be home** with 4 total home meets, we will need many volunteers. On those home meet days we will have a signup genius for the parent volunteers to assist with timing, scoring and announcing the meets. There will be further communication about this soon after the start of the season.

On the day of **ALL** swim meets the boys should where Derby spirit wear. As soon as I can get with the Varsity Shop for our boys swim apparel, I will post the information on the Derby Swimming website. This will be a VERY QUICK turnaround on the order – as supply chain issues cause for unexpected delays in getting the spirit wear back as quickly as possible.

## There is a **Derby Swimming website**. -> <u>www.derbyswimming.com</u>

Please refer to the website for all day-to-day information. The website will be updated frequently. We started the website to cut down on the frequent informational emails that parents were receiving. So please check the website FREQUENTLY to get your information. Emails will be limited to once a week (Sundays) and/or only sent when information is time sensitive. Most likely examples of this would be practice or meet cancellations. There might be some other reasons as well, but know that if you get an email regarding Derby swimming you should not ignore it. On the website is a form for you to fill out with your registration information, including email address. This form should be filled out and turned into Mr. Warnica or Mr. Kelley no later than the date on the bottom of the form.

## There will be a Parent/Coach meeting on Monday, January 22nd @ 5 pm

→ In the pool area immediately after practice

Items that must be done PRIOR to a swimmer attending 1st practice:

- → Physical form turned into the main office.
- → Proof of registration to the main office

\*\*Once everything is completed, the main office will give Mr. Warnica notification indicating that they have completed the registration process and can begin practicing.

Until all items are completed, no swimmer can even begin practicing.